

| Year | Month | Day | Time | Activity | Location | Notes |
|------|-------|-----|-------|--------------------------------|--------------|-------|
| 2018 | 01 | 01 | 00:00 | Start of shift | Control Room | |
| 2018 | 01 | 01 | 00:05 | Check instruments | Control Room | |
| 2018 | 01 | 01 | 00:10 | Monitor reactor power | Control Room | |
| 2018 | 01 | 01 | 00:15 | Adjust control rods | Control Room | |
| 2018 | 01 | 01 | 00:20 | Record data | Control Room | |
| 2018 | 01 | 01 | 00:25 | Check coolant levels | Control Room | |
| 2018 | 01 | 01 | 00:30 | Monitor neutron flux | Control Room | |
| 2018 | 01 | 01 | 00:35 | Adjust moderator temperature | Control Room | |
| 2018 | 01 | 01 | 00:40 | Check steam generator pressure | Control Room | |
| 2018 | 01 | 01 | 00:45 | Monitor feedwater flow | Control Room | |
| 2018 | 01 | 01 | 00:50 | Adjust turbine speed | Control Room | |
| 2018 | 01 | 01 | 00:55 | Check generator output | Control Room | |
| 2018 | 01 | 01 | 01:00 | End of shift | Control Room | |